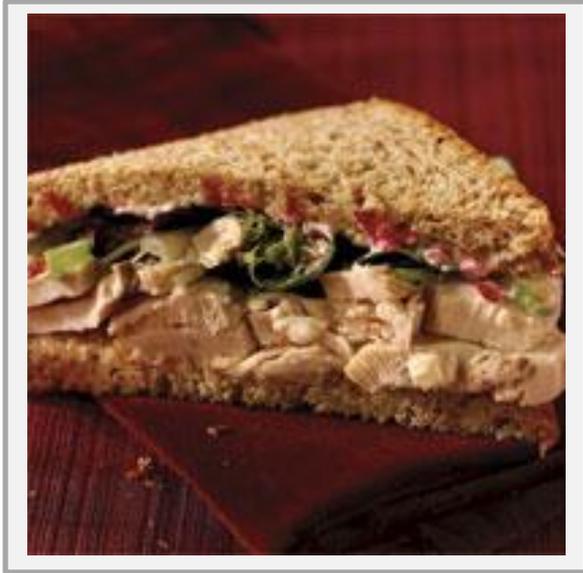


Turkey and Cranberry Sandwiches

Makes: 6 servings



Total Time: 10 minutes

Ingredients:

- ½ cup low fat mayonnaise
- 2 Tbsp. fresh or frozen (thawed) cranberries, chopped
- 1 tsp. lemon pepper seasoning
- 12 slices soft 100% whole wheat bread
- ½ bag Baby Arugula Blend
- 1 ½ lbs. Turkey Off-the-Bone, sliced
- 6 Tbsp. sliced green onion

PREPARATION

1. Blend mayonnaise, cranberries, and seasoning in medium bowl.
2. Spread 1 ½ tsp. mayonnaise mixture on each slice of bread. Evenly portion arugula and turkey on 6 slices; sprinkle with 1 Tbsp. green onion. Top with remaining slices.

Nutrition: 480 calories; 18g fat (3g sat fat); 55mg cholesterol; 44g carbohydrates; 37g protein; 6g fiber; 1250mg sodium