Cranberry Orange Relish



Makes: 10 servings



Total Time: 20 minutes

Ingredients:

- 1 medium navel orange, rinsed, patted dry (do not peel)
- 1 pkg. (12 oz.) fresh cranberries, rinsed, patted dry
- ¾ cup sugar

PREPARATION

- 1. Cut unpeeled orange into eighths; remove any seeds.
- 2. Place half of cranberries and half of orange sections (including peel) in food processor. Process until mixture is evenly chopped; transfer to bowl. Repeat with remaining cranberries and orange.
- 3. Stir in sugar to desired sweetness. Store in refrigerator.

Nutrition: 40 Calories; 0g fat; 0mg cholesterol; 10g carbohydrates; 0g protein; 1g fiber; 0mg sodium



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