## **Tuscan Baked Beans**



Makes: 8 servings



## Total Time: 3 hours, plus overnight soaking

## **Ingredients:**

16 oz. bag dried Great Northern Beans, soaked and drained according to package directions

¾ cup D'Avolio Tuscan Herb Infused Olive Oil, divided

1 large onion, chopped

4 cloves garlic, chopped

8 plum tomatoes, chopped

1 Tbsp. salt

1 tsp. pepper

2 cups Panko style bread crumbs

## **PREPARATION**

- 1. Soak beans in water overnight
- 2. Add pre-soaked beans and 9 cups fresh water to medium stockpot. Heat on high uncovered, until boiling. Skim as much foam as possible from surface, reduce heat to medium. Cover, tilting to vent steam. Cook 1 hour; do not stir.
- 3. Heat ¼ cup D'Avolio Tuscan Herb Infused Olive Oil in braising pan on medium. Add onions and garlic. Cook, stirring occasionally, about 5 min., until tender.
- 4. Add tomatoes, salt and pepper. Simmer 10 min., stirring occasionally. Remove from heat.
- 5. Check beans for tenderness; they should be completely tender. If they are not, cover completely and cook an additional 15 min. or as needed.
- 6. Preheat oven to 375 degrees. Add beans and liquid to onion mixture in braising pan; stir to combine. Drizzle with ¼ cup D'Avolio Tuscan Herb Infused Olive Oil. Bake 60 min. Beans will be done when liquid has reduced, becoming syrupy and bubbly. Carefully remove from oven; season to taste with salt and pepper.
- 7. Mix remaining ¼ cup of D'Avolio Tuscan Herb Infused Olive Oil and the breadcrumbs in small bowl. Place mixture over baked beans and return to oven; bake 20-30 min. or until topping is brown and crisp.

Nutrition: 146 calories: 14g fat (2g saturated): 5g carbohydrates: 2g protein: 2g fiber: 70mg sodium



