

Recipes makes: 1 Servings

Nutrition Facts

servings per container	
Serving size	(215g)
Amount per serving	
Calories	500
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 99g	36%
Dietary Fiber 9g	32%
Total Sugars 8g	
Includes 5g Added Sugars	10%
Protein 10g	

Ingredients-

- ♥ 4 oz. black rice
- ♥ 1 ¼ Tbsp. Marinated Black Rice Sauce
- ♥ 1 oz. shredded carrot
- ♥ 1 oz. avocado
- ♥ 0.75 oz. cucumber
- ♥ 1 pc half-sheet seaweed

PREPARATION:

1. Roll marinated black rice with shredded carrot, avocado, cucumber and half sheet seaweed wrap
2. Slice into 8 separate pieces and serve
3. Enjoy!