

Recipes makes: 1 Servings

Nutrition Facts

servings per container	
Serving size	(31g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 85mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 4g	

Ingredients-

- ♥ 0.5 oz. raw salmon
- ♥ 0.4 oz. black rice
- ♥ 0.2 oz. marinated black rice sauce

PREPARATION:

1. Hold a piece of sliced raw salmon in your left hand and lay flat on your palm
2. Using the fingertips of your right hand, lightly collect a bite-sized ball of marinated black rice
3. Do not squeeze the rice
4. Place the rice ball in your right palm on the salmon
5. Without moving your thumb, gently fold your left hand to shape the sushi on the sides, as you use your right index and middle fingers to hold the topping in place
6. The right fingers are like a lid to the left hand's mold
7. Enjoy!