

Recipes makes: 1 Servings

Nutrition Facts

servings per container	
Serving size	(236g)
Amount per serving	
Calories	530
<small>% Daily Value*</small>	
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 600mg	26%
Total Carbohydrate 104g	38%
Dietary Fiber 8g	29%
Total Sugars 10g	
Includes 5g Added Sugars	10%
Protein 14g	

Ingredients-

- ♥ 4 oz. black rice
- ♥ 1 ¼ Tbsp. Marinated Black Rice Sauce
- ♥ 2 oz. crab stick (imitation crab)
- ♥ 0.75 oz. avocado
- ♥ 0.75 oz. cucumber
- ♥ 1 piece half-sheet seaweed

PREPARATION:

1. Roll marinated black rice with crab stick, avocado, cucumber, and wrap with half sheet seaweed wrap
2. Slice into 8 separate pieces and serve
3. Enjoy!