

Makes: 6 servings (3/4 cup per serving)

Nutrition Facts			
Serving Size: 1 serving (1 Tbsp.)			
Servings: 14			
Amount Per Serving			
Calories 40	Calories from Fat 35		
% Daily Value*			
Total Fat 4g	6%		
Saturated Fat 0.5g	3%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 0mg	0%		
Total Carbohydrate less than 1g	0%		
Dietary Fiber 0g	0%		
Sugars less than 1g			
Protein 0g			
Vitamin A 2%	• Vitamin C 2%		
Calcium 0%	• Iron 0%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Serving Size: 14 (1 Tbsp.)

Ingredients:

- ♥ ¼ cup D'Avolio Lemon Extra Virgin Olive Oil
- ♥ 4 Tbsp. D'Avolio 18 Year Balsamic
- ♥ 5 Tbsp. fresh lemon juice
- ♥ ¼ cup flat-leaf parsley
- ♥ 2 tsp. chopped marjoram
- ♥ Pepper to taste

PREPARATION:

1. Combine the ingredients above.
2. Drizzle desired amount over farro salad (no more than 1 Tbsp.) or add about 6 Tbsp. of the dressing to the actual salad (will increase overall fat by ~1gm and calories by 20)

