D'Avolio

# **Chicken Lettuce Wrap**

## Tiffany Gagliardo from D'Avolio



**Makes: 4 servings** 



### **Ingredients:**

- 💛 1 Tbsp. D'Avolio Blood Orange Extra Virgin Olive Oil
- 💟 1 lb. ground chicken
- ♡ 2 cloves garlic, minced
- 💟 1 onion, diced
- 💟 1 Tbsp. hoisin sauce
- ♡ 3 Tbsp. Lemon D'Avolio Balsamic Vinegar
- ♡ 2 Tbsp. reduced-sodium soy sauce
- 💟 1 Tbsp. rice wine vinegar
- ♡ 1 Tbsp. fresh ginger, grated
- 💟 1 tsp. Sriracha
- ♡ 1 (8 oz.) can whole water chestnuts, drained and diced
- ♡ 2 green onions, thinly sliced
- ♡ Kosher salt (optional) and freshly ground pepper
- ♡ 1 head butter lettuce

### **PREPARATION:**

- Heat olive oil in a saucepan over medium-high heat. Add ground chicken and cook until browned, about 3-5 minutes, making sure to crumble the chicken as it cooks; drain excess fat.
- 2. Stir in garlic, onion, hoisin sauce, balsamic vinegar, soy sauce, rice wine vinegar, ginger, and Sriracha and cook until onions are translucent, about 1-2 minutes. Stir in water chestnuts and green onions, cook till tender, about 1-2 minutes; season with salt (optional) and pepper to taste.
- 3. To serve, spoon several Tbsp. of the chicken mixture into the center of the lettuce leaf.

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Serving Size: 1 serving (253.2g) Servings: 1
Amount Per Serving
Calories 260 Calories from Fat 120
% Daily Value*
Total Fat 13g 20%
Saturated Fat 3g 16%
Trans Fat 0g
Cholesterol 100mg 33%
Sodium 420mg 18%
Total Carbohydrate 15g 5%
Dietary Fiber 2g 8%
Sugars 5g
Protein 22g
Vitamin A 30%  • Vitamin C 6%
Calcium 2% Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet.

**Nutrition Facts** 

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