

# PINEAPPLE-DRIED CRANBERRY FRUIT SALAD

Yield: 6-8 Servings ( $\frac{3}{4}$  cup per serving)



**TOTAL TIME:** 10 minutes

## INGREDIENTS

- 3 containers (10 oz. each) fresh pineapple
- 1 bag (6 oz.) dried cranberries
- 1 pkg. ( $\frac{2}{3}$  oz.) mint leaves, finely sliced (about  $\frac{1}{3}$  cup)
- 6 Tbsp. pure honey

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## PREPARATION

Combine pineapple, dried cranberries and mint in medium bowl. Toss with honey.

## NUTRITION

**Per serving:** Calories: 230; Fat: 0 g (0 g saturated fat); Cholesterol: 0 mg; Carbohydrates: 59 g; Fiber: 3 g; Protein: 1 g; Sodium: 0 mg.

Recipe courtesy of Wegmans